

PRODUCT INFORMATION

# Hand System 1.2 – 2.3



**APTUS** Hand





# Contents

4	APTUS Hand. The Next Level of Versatility.
6	Fixation Plates
7	1.2/1.5 and 2.0/2.3 Fixation Plates
8	TriLock Plates
9	1.2/1.5 and 2.0/2.3 TriLock Plates
10	Compression Plates
11	2.0/2.3 MC Compression and TriLock <sup>PLUS</sup> Plates
12	Hook Plates
13	1.2/1.5 Fixation and TriLock Hook Plates
14	Scaphoid Plates
15	1.2/1.5 TriLock Scaphoid Plates
16	MC Head/Neck Plate
17	1.2–2.3 TriLock MC Head/Neck Plate
18	Rotation Correction Plates
19	1.2/1.5 and 2.0/2.3 TriLock Rotation Plates
20	Screws
20	Washers
21	Instruments
	General System Features
	Clamps for Lag Screw Technique
	Temporary Locking Stopper
	Olive K-wires
22	Technology
25	Storage
26	Bibliography

For further information regarding the APTUS product line visit [www.medartisusa.com](http://www.medartisusa.com)

# APTUS Hand. The Next Level of Versatility.

The hand is one of the most complex and most frequently utilized parts of the human musculoskeletal system.<sup>1</sup> It is composed of several closely balanced structures, e.g. bones, muscles, ligaments, tendons, joints and nerves. The goal of hand surgery is to minimize the impact of hand diseases and injuries on daily activities and to restore and obtain as much functionality as possible.

In collaboration with leading specialists, Medartis has developed the unique APTUS Hand System for treatment of

fractures, osteotomies and arthrodesis of the hand.<sup>2</sup> In order to meet the requirements of the delicate structures of the hand, the various plate designs are adapted to the bone's shape. The implants portfolio offers different technologies, designs, and sizes to support early mobilization and active therapy.

With the introduction of TriLock, Medartis was the first company to offer a fully modular multidirectional and angular stable hand fixation system.



The APTUS Hand System offers a comprehensive selection of both basic and specialized plates for treatment of fractures, osteotomies and arthrodesis of the hand.

With 65 unique titanium plates the system stands out with a 1.2 multidirectional and angular stable locking system along with 1.5 self-drilling screws for hand osteosynthesis.

It also includes indication specific plates, a broad selection of hook plates for bony avulsions, and plates combining locking and compression in one step.

Color-coded instrumentation, a secure connection between screw and screwdriver, new forceps and clamps to support the surgical procedure and a modular storage solution complete the performance you expect.



# Fixation Plates

General plate shapes – straight, L-/T-/Y-shape, and grid structure – are designed to match most bony anatomies and to support fracture reduction.<sup>3</sup>

Low plate profile – with plate thicknesses of 0.6, 1.0 and 1.3 mm.

Two screw sizes are available within each plate system for adequate fragment fixation:

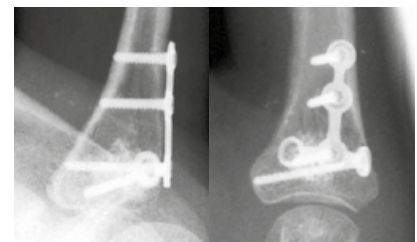
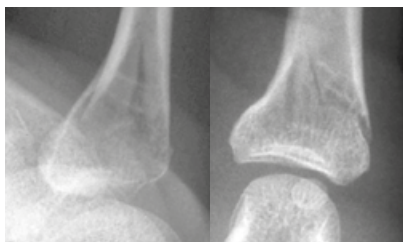
- 1.2 or 1.5 screws in 1.2/1.5 plates
- 2.0 or 2.3 screws in 2.0/2.3 plates



## 1.2/1.5 and 2.0/2.3 Fixation Plates



### Extraarticular basis fracture of a proximal phalanx



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# TriLock Plates



Internal fixator principle (locking system) allows initiation of mobilization in the early postoperative period.<sup>4</sup>

General plate shapes – straight, L-/T-/Y-shape, and grid structure – are designed to match most bony anatomies and to support fracture reduction.

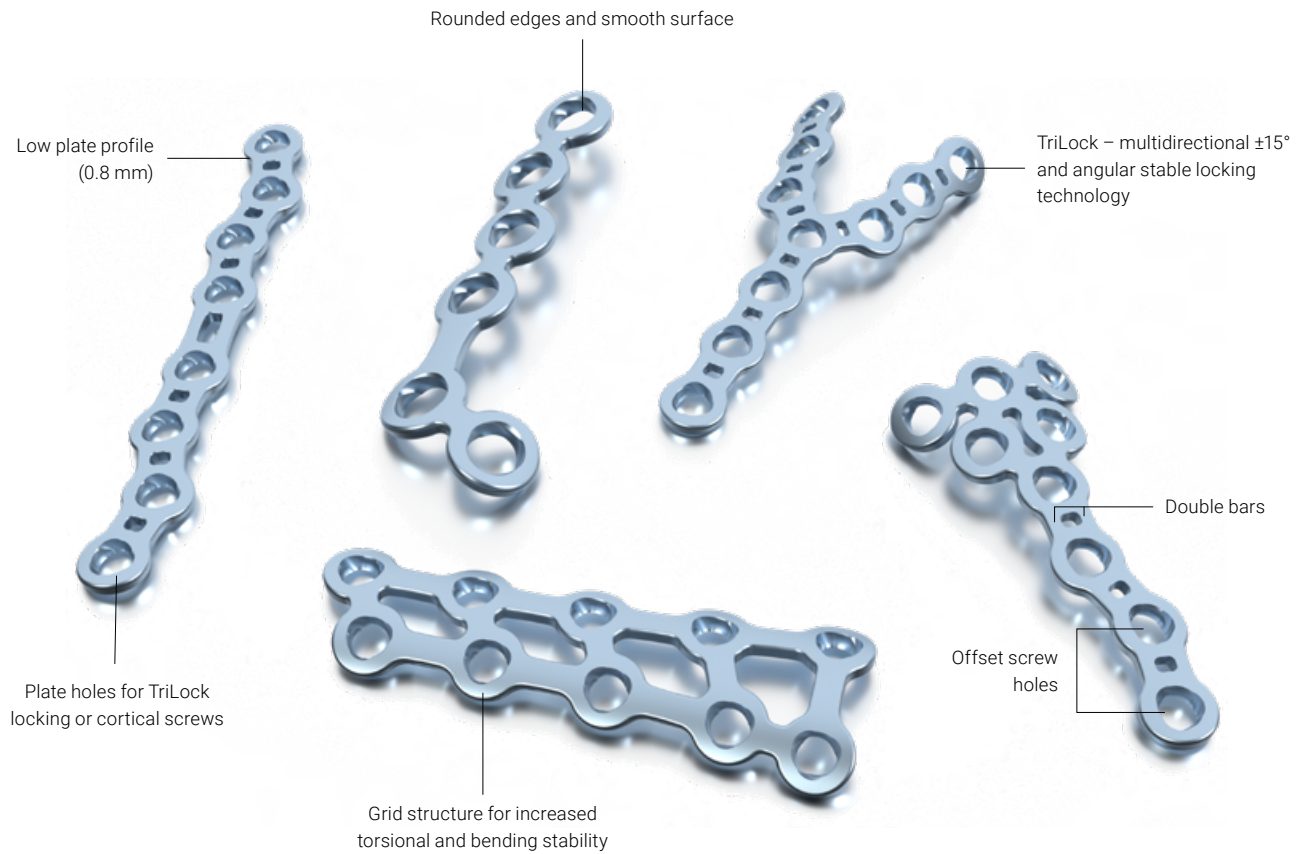
Fracture specific plate geometries – e.g. double-row T-plates – offer more screw options in the subchondral area, allowing for more reduction options of articular fracture fragments and fractures close to the joint.

Double bars between screw holes increase torsional stability.

Offset screw holes prevent crack formation during drilling and screw insertion.

Low plate profile – with plate thicknesses of 0.8, 1.0 and 1.3 mm.

## 1.2/1.5 and 2.0/2.3 TriLock Plates



### Fracture of the proximal phalanges III and IV



Preoperative X-rays.



Intraoperative image.



Postoperative X-rays.

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# Compression Plates

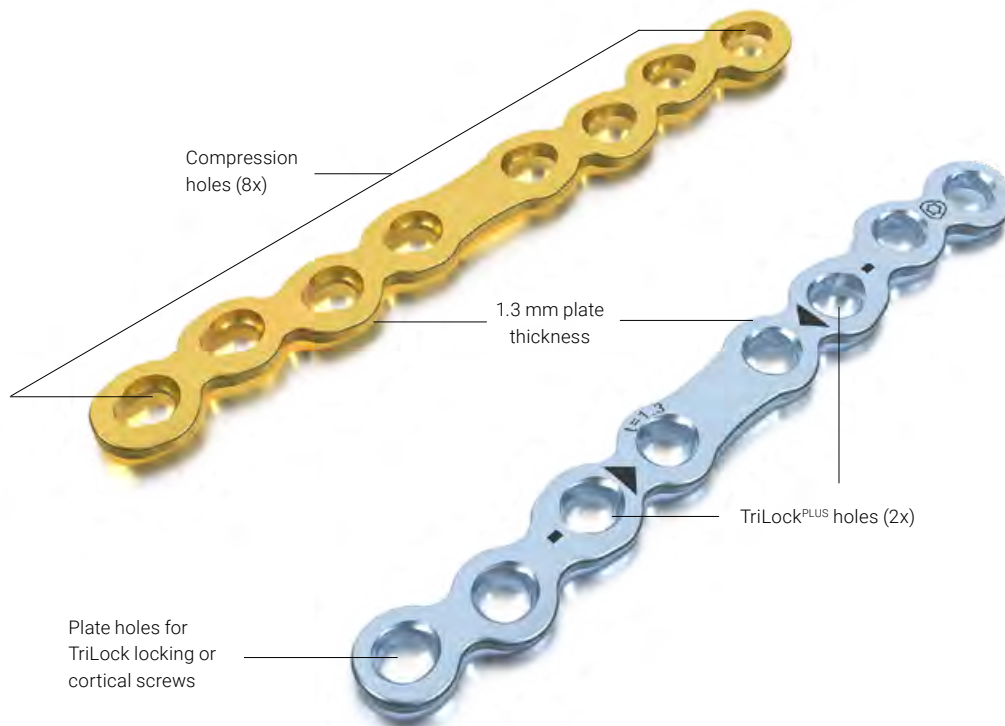


TriLock<sup>PLUS</sup> combines compression and locking in one step.

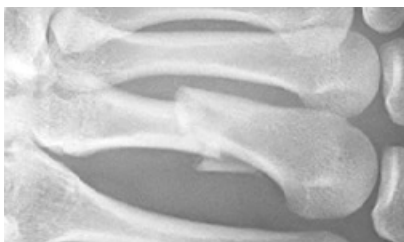
TriLock<sup>PLUS</sup> holes allow up to 1 mm compression. With two opposing TriLock<sup>PLUS</sup> holes on the plate up to 2 mm compression can be achieved.

For adequate fixation the general plate geometries – straight, L-/Y-shape – may be additionally adapted (i.e. cut, bent) to different bone shapes and fracture location.

## 2.0/2.3 MC Compression and TriLock<sup>PLUS</sup> Plates



### Metacarpal shaft fracture



Preoperative X-ray.



Postoperative lateral X-ray.



Postoperative AP X-ray.

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# Hook Plates



Hooks are pressed into the avulsed fragment to capture and reduce it to its original anatomical shape.<sup>5</sup>

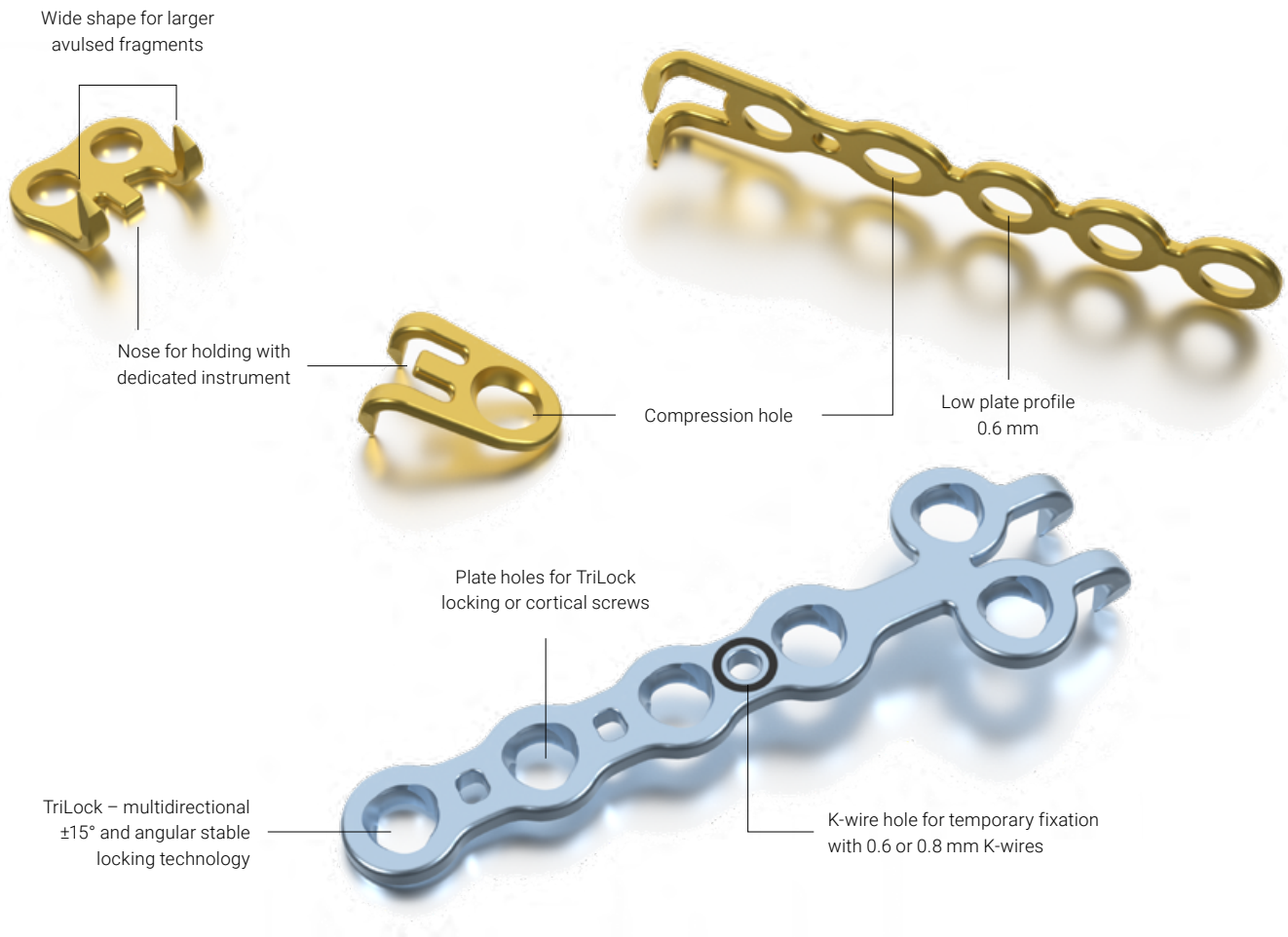
Dedicated holding instrument and K-wire holes support reduction of bony avulsion and plate positioning.

Long hook plates with several holes offer more fixation options.

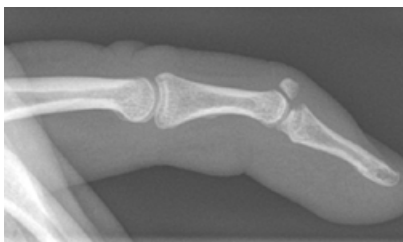
The combination of hooks and TriLock holes increases stability in case of bony avulsion and intraarticular fragments.

For adequate fixation the long hook plates may be additionally adapted (i.e. cut, bent) to different bone shapes and fracture location.

## 1.2/1.5 Fixation and TriLock Hook Plates



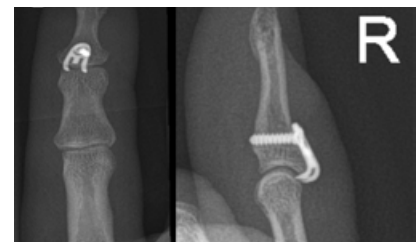
### Fixation of Mallet fracture



Preoperative X-ray.



Intraoperative image.



Postoperative X-rays.

Clinical case published with the kind permission of: H. Abel, Munich, Germany

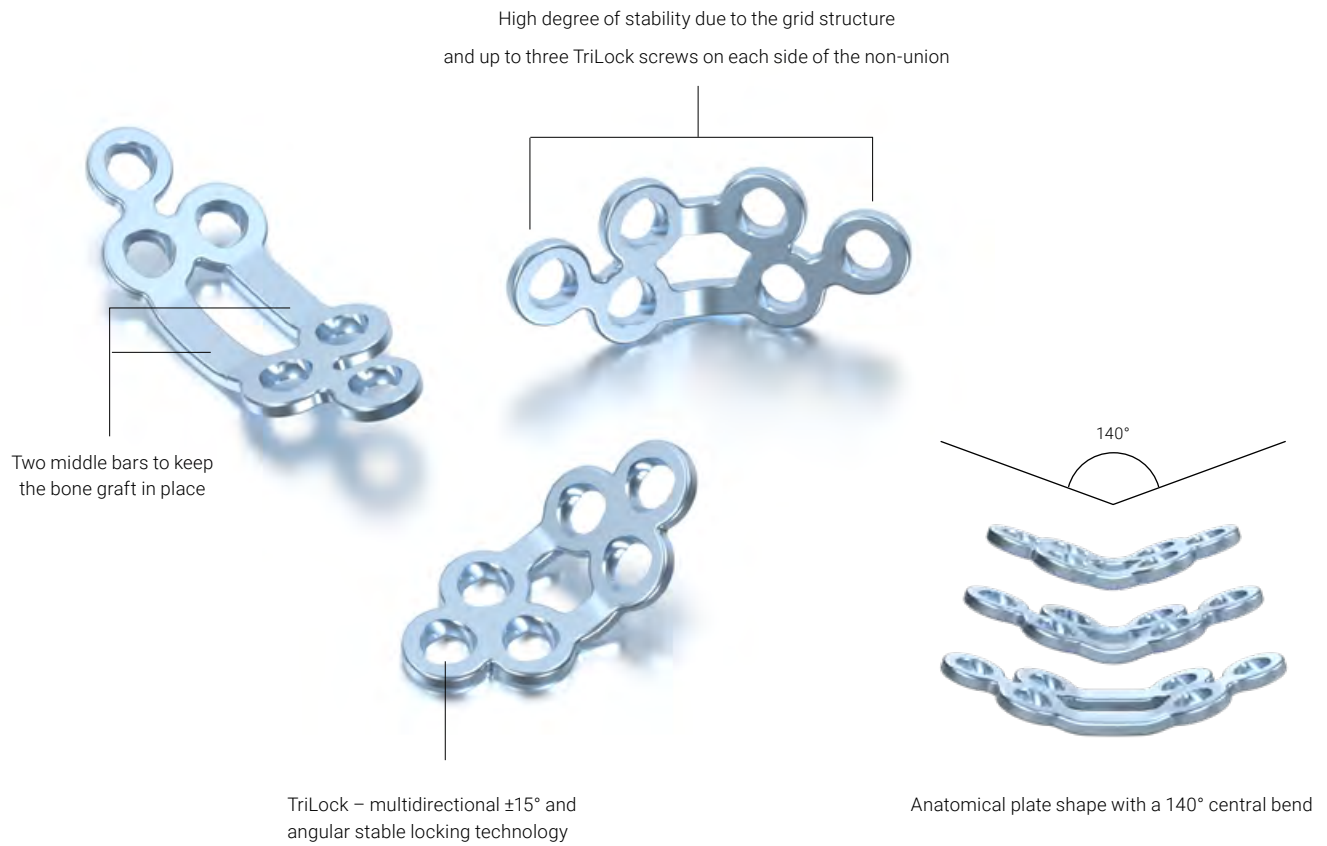
# Scaphoid Plates

Scaphoid plates are designed to treat primarily non-unions.<sup>6,7,8</sup> In addition, they allow the treatment of multifragmentary, complex or very distal fractures of the scaphoid.

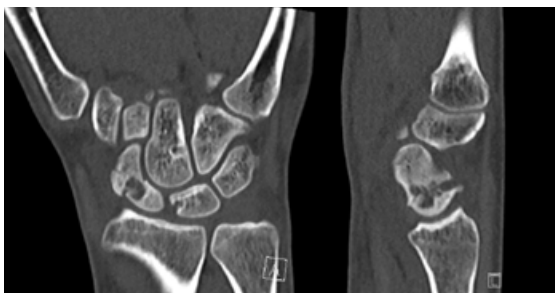


Three plate options provide an improved anatomical fit to accommodate the large variability in size and shape of the scaphoid bone.

## 1.2/1.5 TriLock Scaphoid Plates



### Non-union treated with the scaphoid plate



Preoperative X-rays.



Postoperative X-rays.

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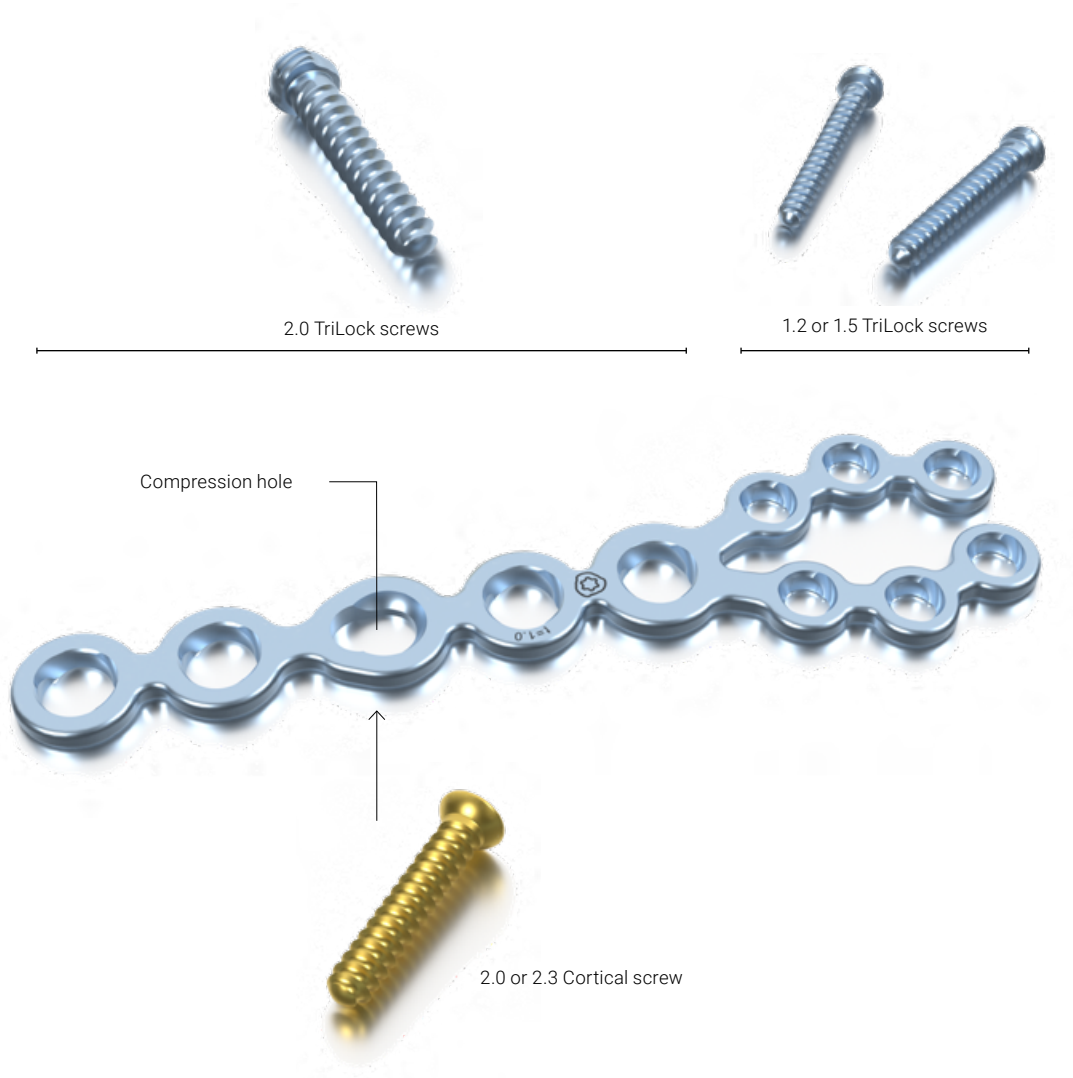
# MC Head/Neck Plate

A combination of 1.5 and 2.0 TriLock screws enables fixation of comminuted fragments in the head/neck (1.2/1.5 screws) while maintaining necessary strength in the shaft (2.0/2.3 screws).

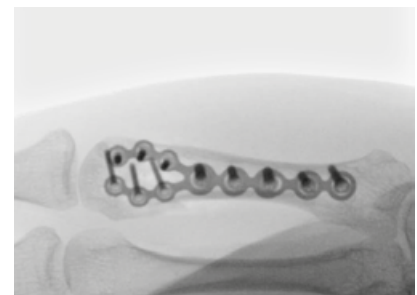
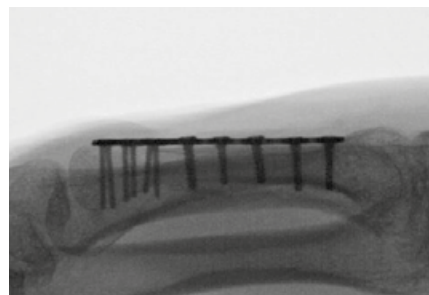
For an optimal fit in the head/neck region and shaft region the plate can be additionally adapted (i.e. cut, bent).



## 1.2–2.3 TriLock MC Head/Neck Plate



### Metacarpal V head fracture



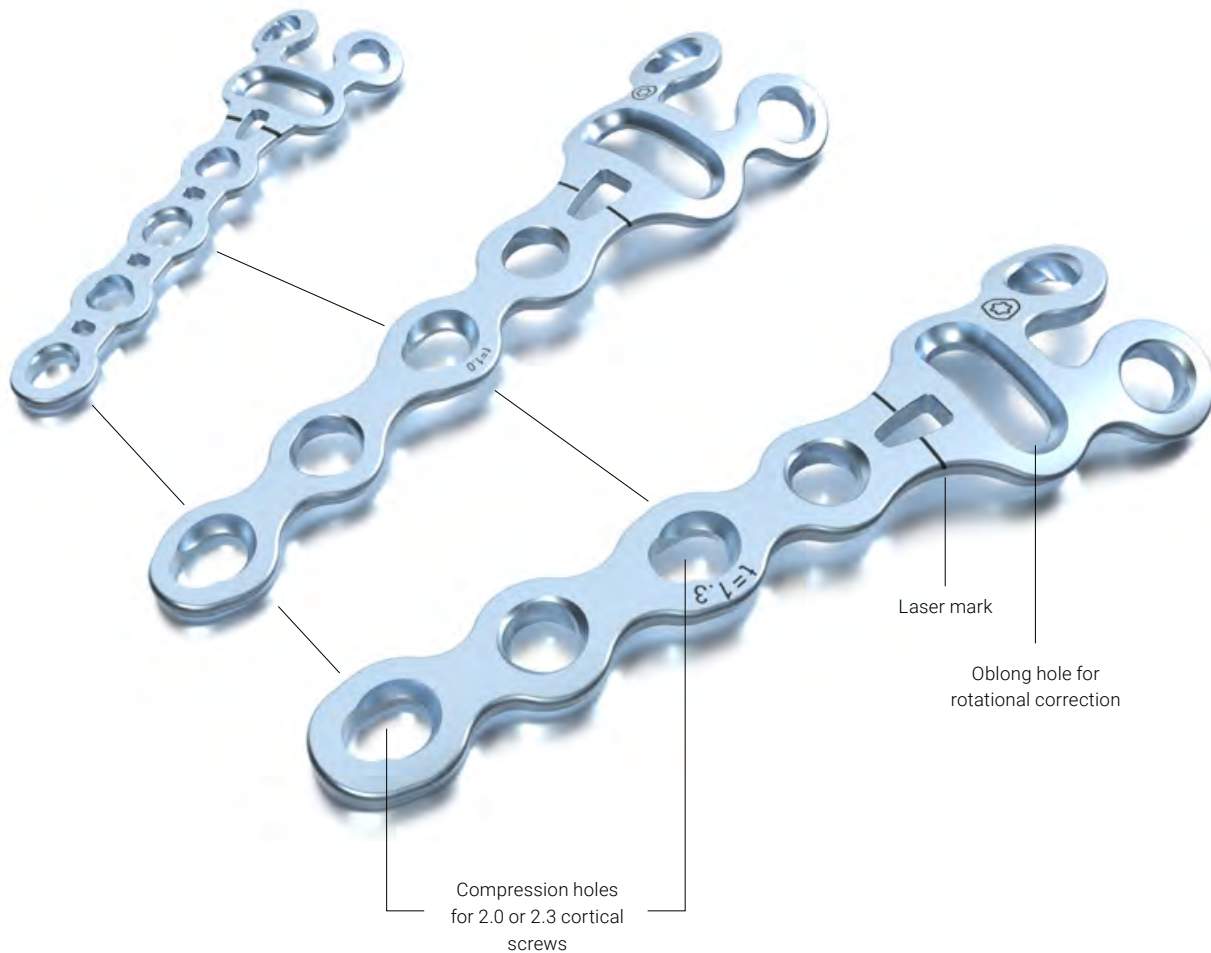
Clinical case published with the kind permission of: F. Unglaub, Bad Rappenau, Germany.

# Rotation Correction Plates

- Laser mark supports positioning of the plate over the planned osteotomy site.
- Two compression holes allow for closing the osteotomy gap after rotational correction.
- Transversal oblong hole allows up to  $\pm 25^\circ$  of rotational correction and is close to the joint to perform the osteotomy near the metaphyseal area.
- Separate screw holes ("frog design") simplify contouring in the periarticular area.



## 1.2/1.5 and 2.0/2.3 TriLock Rotation Plates



### Rotational correction after malunion



Torsional deviation after carpometacarpal V arthrodesis following comminuted base fracture.



Intraoperative image.



Postoperative X-ray.

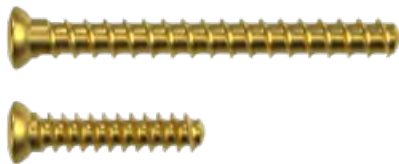
Clinical case published with the kind permission of: F. Unglaub, Bad Rappenau, Germany.

# Screws

Different screw diameters are available for each plate type:

	Cortical Screws				TriLock Screws			SpeedTip Screws
Diameter (mm)	1.2	1.5	2.0	2.3	1.2	1.5	2.0	1.5
Plate types	1.2/1.5 Fixation Plates		2.0/2.3 Fixation Plates		1.2/1.5 TriLock Plates		2.0/2.3 TriLock Plates	1.2/1.5 Fixation Plates
	1.2/1.5 TriLock Plates		2.0/2.3 TriLock Plates				2.0/2.3 TriLock <sup>PLUS</sup> Plates	1.2/1.5 TriLock Plates
			2.0/2.3 MC Compression Plates					

Cortical screw may be used for “screw-only” fracture fixation. The pitch and core diameter vary depending on screw length resulting in more stability, easier insertion and stable anchorage.



Emergency (cortical) screws also available:

- 1.8 cortical screw for 1.2/1.5 system
- 2.5 cortical screw for 2.0/2.3 system

# Washers

Biconcave design distributes the forces over a larger bone surface around the screw head.



Washers

# Instruments

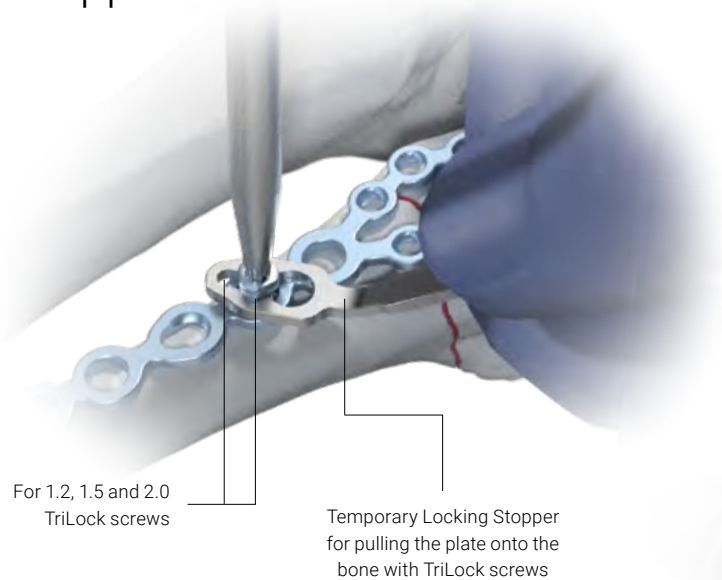
## General System Features

- Simple and easy-to-use instruments
- Color-coded instruments for easy identification in the operating room
- Finely adjusted ratcheting on reduction instruments



## Clamps for Lag Screw Technique

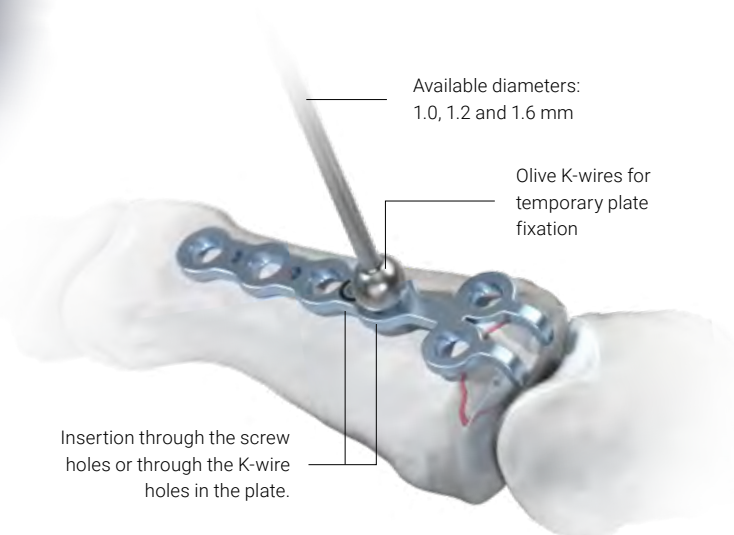
## Temporary Locking Stopper



For 1.2, 1.5 and 2.0 TriLock screws

Temporary Locking Stopper for pulling the plate onto the bone with TriLock screws

## Olive K-wires



Available diameters: 1.0, 1.2 and 1.6 mm

Olive K-wires for temporary plate fixation

Insertion through the screw holes or through the K-wire holes in the plate.

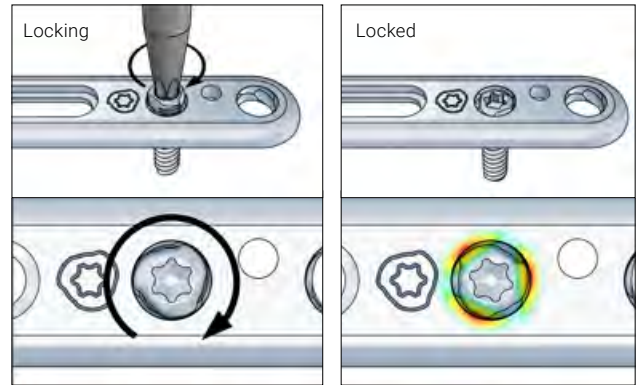
# Technology

## TriLock Locking Technology

TriLock is a multidirectional and angular stable locking technology.

Locking is achieved through:

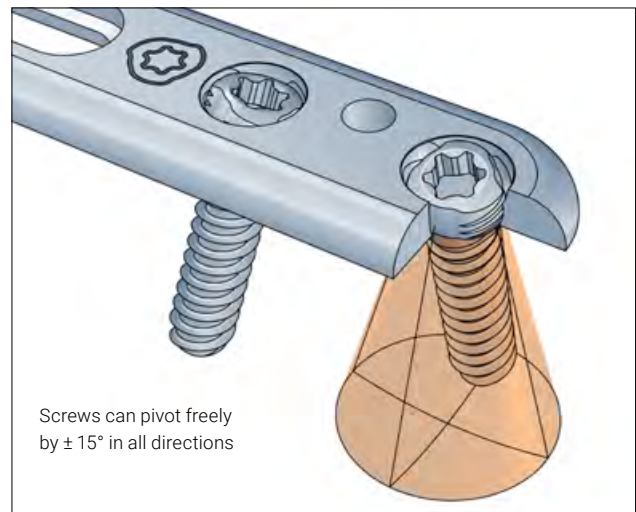
- Spherical three-point wedge locking, through radial bracing of the screw head in the plate without additional components



Spherical three-point wedge locking

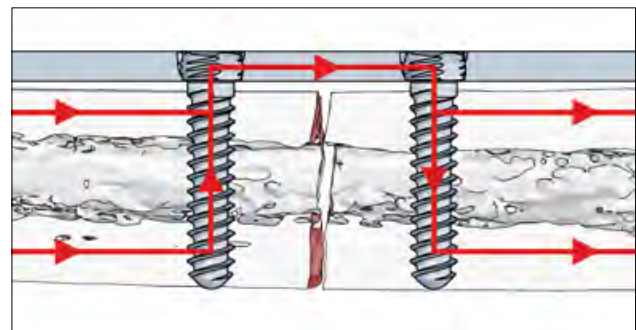
This locking technology enables:

- $\pm 15^\circ$  multidirectional screw angulation to position screws based on the fracture pattern
- Re-locking a screw in the same plate hole at individual angles up to three times
- Fine tuning of fragments positioning due to the threadless locking technology
- No cold welding between plate and screws
- Flexibility in screw type selection based on indication and fracture – the same hole can be used for either locking or non-locking screws

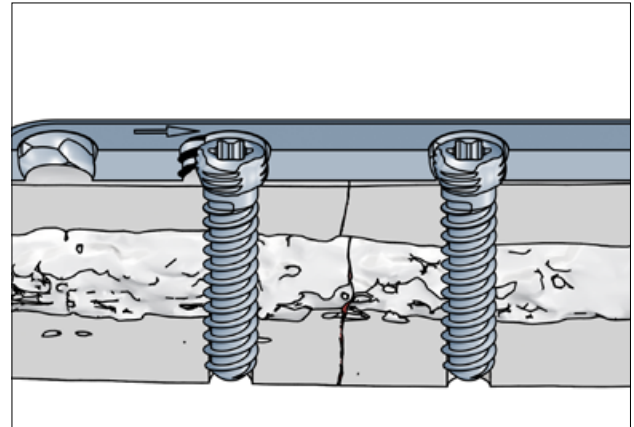
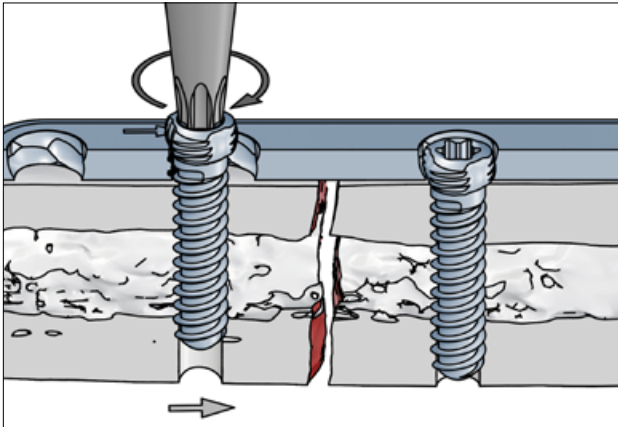


Internal fixator principle

Stable plate-screw construct allows for the bridging of unstable zones



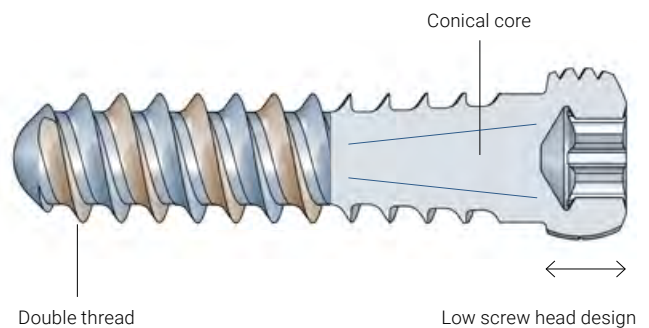
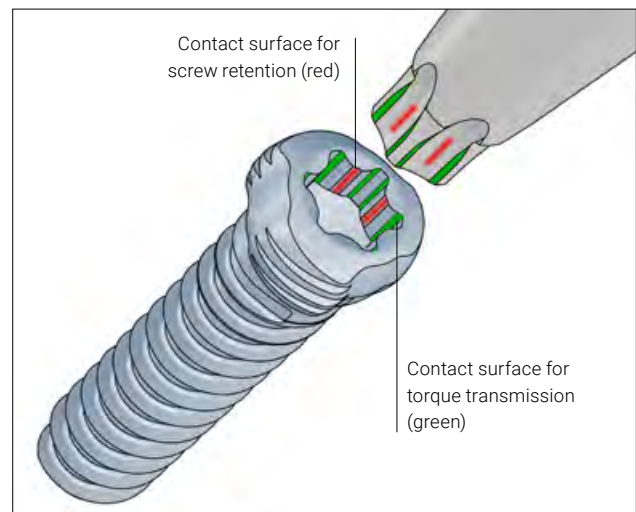
## TriLock<sup>PLUS</sup>



TriLock<sup>PLUS</sup> screw holes offer the advantage of locking and compression in one step

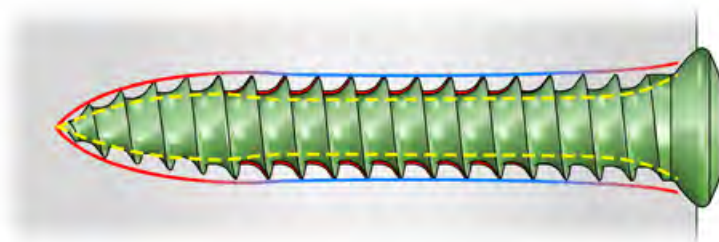
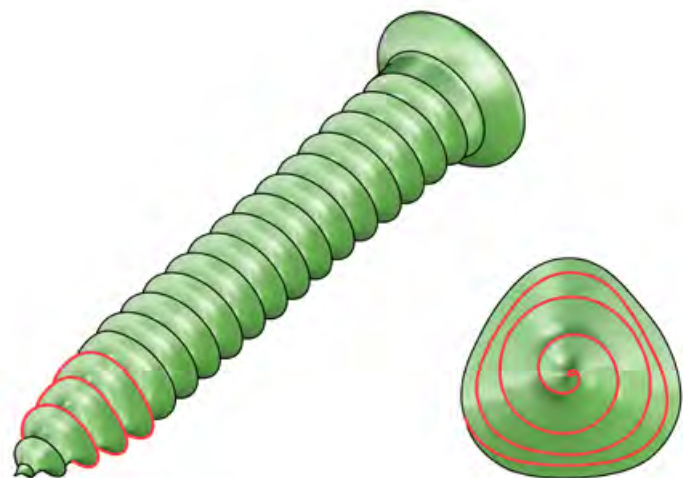
## Screw Features

- HexaDrive screw head design:
  - HexaDrive interface with self-holding properties between screw and screwdriver
  - Increased torque transmission
  - Simplified screw pick-up due to the self-holding technology
- Atraumatic screw tip provides soft tissue protection when inserting screws bicortically
- Soft tissue protection due to smooth screw head design
- Double-threaded screws reduce screw insertion time
- Increased torsional, bending and shear stability due to conical core
- Precision cut thread profile for sharpness and self-tapping properties



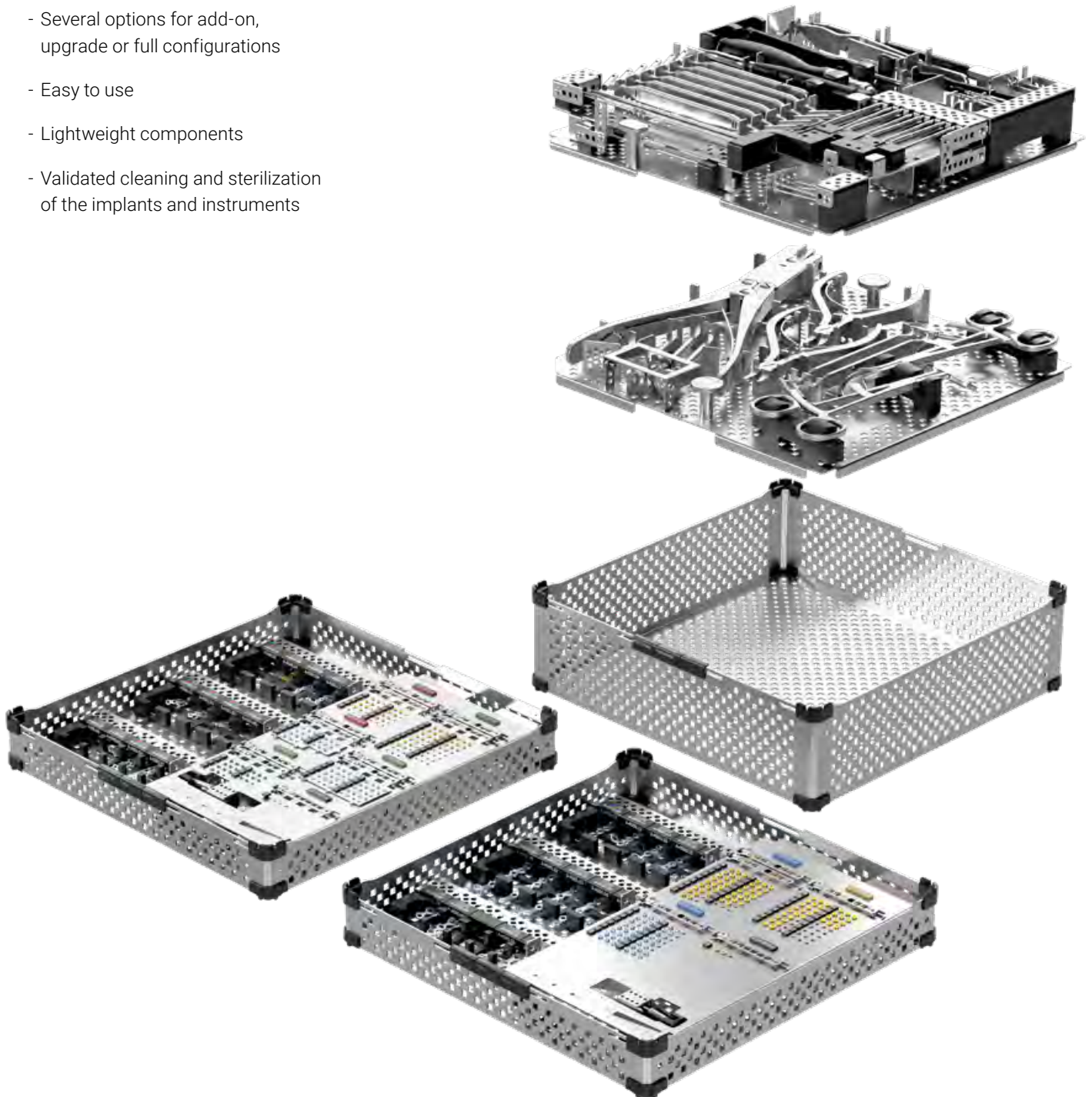
## SpeedTip Thread Design

- Functionally unique cutting with immediate bite
- Immediate cutting of the bone with only slight axial pressure
- The triangular tip design permits simultaneous drilling, tapping, and compression of the bone tissue<sup>9</sup>
- The triangular tip design results in increased pull-stability<sup>9</sup>
- Reduced insertion torque thanks to the polygonal tip and tapered shaft



# Storage

- Compact system
- Several options for add-on, upgrade or full configurations
- Easy to use
- Lightweight components
- Validated cleaning and sterilization of the implants and instruments



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